**3A & 4A West Regional**

**Track & Field Event Schedule**

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***Friday May 12th***

 **Field Events:**

 8:00a.m. Implement & Vaulter weigh-ins @ Tiger Stadium Shed (East end of complex by the pole vault pit)

 9:00a.m. 4A Boys Pole Vault followed by 4A Girls Pole Vault

 4A Girls Long Jump 3A Girls Triple Jump

 4A Boys Discus 3A Boys Shot

 11:30a.m. 4A Girls High Jump

 1:30p.m. 3A Girls High Jump

 2:00p.m. 4A Boys Long Jump 3A Boys Triple Jump

 4A Girls Shot Put 3A Girls Discus

 **Running Events:**

 9:00a.m. 800 Meter Run Finals 3A Girls/4A Girls-3A Boys/4A Boys

 9:40a.m. 100 Meter Int. Hurdles Prelims 3A Girls—4A Girls

 110 Meter High Hurdles Prelims 3A Boys—4ABoys

 10:40a.m. 100 Meter Dash Prelims 3A Girls/4A Girls-3A Boys/4A Boys

 1:30a.m. 300 Meter Low Hurdles Prelims 3A Girls—4A Girls

 300 Meter Int. Hurdles Prelims 3A Boys—4A Boys

 **LUNCH BREAK**

 2:00pm 200 Meter Dash Prelims 3A Girls/4A Girls-3A Boys/4A Boys

 2:45pm 3200 Meter Run Finals 3A Girls/4A Girls-3A Boys/4A Boys

 4:15pm 400 Meter Relay Finals 3A Girls/4A Girls-3A Boys/4A Boys

 5:00pm 400 Meter Dash Prelims 3A Girls/4A Girls-3A Boys/4A Boys

**3A & 4A West Regional**

**Track & Field Event Schedule**

****

***Saturday May 13th***

 **Field Events:**

 8:00a.m. Implement & Vaulter weigh-ins @ Tiger Stadium Shed (East end of complex by the pole vault pit)

 9:00a.m. 3A Boys Pole Vault followed by 3A Girls Pole Vault

 4A Boys Triple Jump 3A Boys Long Jump

 4A Girls Discus 3A Girls Shot

 11:30a.m. 4A Boys High Jump

 1:30pm 3A Boys High Jump

 2:00pm 4A Boys Shot Put 3A Girls Discus

 4A Girls Triple Jump 3A Girls Long Jump

 **Running Events:**

 9:00a.m. 3200 Meter Relay Finals 3A Girls/4A Girls-3A Boys/4A Boys

 10:00a.m. 100 Meter Int. Hurdles Finals 3A Girls—4A Girls

 110 Meter High Hurdles Finals 3A Boys—4ABoys

 11:15a.m. 100 Meter Dash Finals 3A Girls/4A Girls-3A Boys/4A Boys

 **LUNCH BREAK**

 1:00p.m. 400 Meter Dash Finals 3A Girls/4A Girls-3A Boys/4A Boys

 1:35p.m. 1600 Meter Run Finals 3A Girls/4A Girls-3A Boys/4A Boys

 3:00p.m. 300 Meter Low Hurdles Finals 3A Girls—4A Girls

 300 Meter Int. Hurdles Finals 3A Boys—4ABoys

 3:30p.m. 200 Meter Dash Finals 3A Girls/4A Girls-3A Boys/4A Boys

 4:30p.m. 1600 Meter Relay Finals 3A Girls/4A Girls-3A Boys/4A Boys