

## **3:00 Running Events Start**

**Girls 100m Hurdles**

**Boys 110m Hurdles**

**Girls 100m Dash**

**Boys 100m Dash**

**Girls 4x200 Relay**

**Boys 4x200 Relay**

**Girls 1600m Run**

**Boys 1600m Run**

**Girls 4x100m Relay**

**Boys 4x100m Relay**

**Girls 400m Dash**

**Boys 400m Dash**

**Girls 300m Hurdles**

**Boys 300m Hurdles**

**Girls 800m Run**

**Boys 800m Run**

**Girls 200m Dash**

**Boys 200m Dash**

**Girls 4x400m Relay**

**Boys 4x400m Relay**

## **3:00 All Field Events**

**Girls Discus Boys to Follow**

**Girls High Jump Boys to Follow**

**Boys Shot Put Girls to Follow**

**Boys Long Jump Girls to Follow**

**Girls Javelin Boys to Follow**