**Alta High School Track & Field**

**Modified Order of Events**

**Running Events Field Events**

Starts at 3:30 Start at 3:30

Girls followed by Boys Long Jump – Boys than girls

4X 800 meter relay High Jump – Girls than boys

100/110 meter hurdles Shot Put – Girls than boys

100 meter run

1600 meter run Start at 4:30

4X 100 meter relay Javelin – Girls than boys

400 meter run Discus – Boys than girls

300 meter hurdles

800 meter run

200 meter run

4 X 400 meter relay

3200 meter run