

Order of Events

1600m Girls

1600m Boys

100m Hurdles Girls

110m Hurdles Boys

100m Girls

100m Boys

SMR 200-200-400- 800 Girls

SMR. 200-200-400-800 Boys

4x100 Relay Girls

4x100 Relay Boys

400m Girls

400m Boys

300m Hurdles Girls

300m Hurdles Boys

800m Girls

800m Boys

200m Girls

200m Boys

3200m Girls

3200m Boys (Mixed if we have low numbers)

4x400 Girls

4x400 Boys

Long Jump Girls

High Jump Boys

Shot Put Girls

Javelin Boys

Discus Boys

Long Jump Boys

High Jump Girls

Shot Put Boys

Javelin Girls

Discus Girls