

EAST MONTANA MIDDLE SCHOOL

3490 Ascension
El Paso, Texas 79938



Coaches,

Welcome to East Montana Middle School (Home of the Rattlers) and The Little 13 Track and Field Championships to be held on May 6, 2023. This meet will be held at Mountain View High School.

All entries will be done by RunnerCard .com. **The meet will close on Wednesday, May 3rd, 2023, at 11:00 PM.** We will hold the scratch meeting from 8:00 – 8:30 AM. We will have all boys compete in Field Events first, with all girls competing in running events (Hurdles will be run together). At about 12:00 PM. we will have all Boys in running events with all Girls in Field Events. The field will be designated for athletes to warm-up and staging of events. Have your teams located on the bleachers until their events are announced. Coaches, please remind athletes no food or drinks in the field. For further questions call my cell Manuel Chavez (Campus Athletic Coordinator) at 915-740-0744 or email me at manuel.chavez@clint.net. You can also email our Head Track Coaches at jimmy.martinez@clint.net or Raymond.amador@clint.net.

Here are some administrative notes:

1. There will be concessions available.
2. There will be hospitality for all coaches, volunteers and meet workers. NO ATHLETES OR PARENTS ALLOWED.
3. Attached is a map of the locations for all field events, bus parking, hospitality, concessions stand, restrooms and trainer's room.
4. Included in your packet are also events assignments.
5. No additions will be made on the day of the track meet.
6. Scratch Meeting will be at the start/finish line.
7. Hurdles will be run first.
8. Canopies must be towards the top and clean up their area before leaving.
9. Schools running an event will need to provide their own measuring tapes.

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Order of Events	
100 hurdles	Long jump
110 hurdles	high jump
300 hurdles	triple jump
2400	1k discs
4x100	8.8 lb. girls/8.8 lb. boys - shot put
800	
100	3 attempts on field events
4x200	
400	
200	
1600	
4x400	

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ASSIGNMENTS	SCHOOL			
GIRLS LONG JUMP	CHAPARRAL			
GIRLS HIGH JUMP	SANTA TERESA			
GIRLS TRIPLE JUMP	GADSDEN			
GIRLS SHOT PUT	PIT #1 CANUTILLO	8.8 Shot Put	PIT #2 EMMS	2 COACHES EACH
GIRLS DISCUS	ALDERETE	1k Discus		2 COACHES
BOYS LONG JUMP	ANTHONY			
BOYS HIGH JUMP	GARCIA ENRIQUEZ			
BOYS TRIPLE JUMP	FABENS			
BOYS SHOT PUT	PIT #1 TORNILLO	8.8 Shot Put	PIT #2 EMMS	2 COACHES EACH
BOYS DISCUS	FORT HANCOCK	1k Discus		2 COACHES
STARTER	MOUNTAIN VIEW			
FALSE START	MOUNTAIN VIEW			
EXCHANGE ZONES	#1 - CLINT	#2 - HORIZON	#3 - RICARDO ESTRADA	
F.A.T. HEAT NUMBERS	EAST MONTANA			
RUNNERS	EAST MONTANA			
HURDLE CREW	Mountain View HS			

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