



Big Piney Middle School

TO: Track Coaches & AD's
FROM: Scott Carpenter, Big Piney Athletic Director
DATE: April 22, 2021
RE: Big Piney Middle School Track Meet April 22, 2021

RUNNER CARD

You must sign your athletes up on Runner Card. **Deadline is 12:00 p.m. on April 21st. THERE WILL BE NO ADDITIONS THE DAY OF THE MEET.**

TIME & DATE

April 22, 2019 Field Events Start at 12:00 p.m., Running Events 1:00 p.m.

LOCATION:

Big Piney High School Track (Buses please park at Rec Center)

SCHOOLS ATTENDING:

Farson, Pinedale, Star Valley

ENTRY NUMBERS/NUMBER OF PARTICIPANTS:

All events are unlimited.

Each school will be allowed only two (2) relay entries (Only one will be scored)

Athletes may participate in only four (4) events

Sixth grade participants are to be included in the seventh grade division.

EQUIPMENT:

Blocks will be provided
1/8" spikes only
4K shot
Girls 100 hurdles 30"

Boys 100 hurdles 33"
Boys/Girls 200 hurdles 30"

FINALS: ALL EVENTS ARE FINALS

Running Events: All running events will be held as finals. Please place your fastest athletes in the first heat of each event.

Each running event will be allowed one false start before disqualification.

RUNNING EVENTS ARE PRIORITY; WE WILL NOT WAIT FOR ATHLETES FOR RUNNING EVENTS.

Field Events: All field events will be held as finals. All participants will be given (3) trials. **Please make sure your athletes understand that they need to report and then return immediately from running events.**

RUNNING EVENTS ARE PRIORITY; WE WILL NOT WAIT FOR ATHLETES FOR RUNNING EVENTS.

SCORING:

Scoring 8-6-4-2-1/Relay 8-6-4-2

Only 1 relay team from each school will be scored.

Team scoring will be kept with the boys' and girls' scoring separate and the 7th and 8th grade scoring separate.

CAMPS: Behind the football stadium on the practice field.

OTHER: We will need teams to cover events as we are short volunteers for that day, assignment sheet will be sent out later.

There will NOT be a concession stand. There will be a hospitality room for coaches, volunteers and bus drivers.

QUESTIONS:

If you have any questions. Please call Scott Carpenter at 276-3315.

SCHEDULE OF EVENTS

12:00 FIELD EVENTS: Each participant is given three attempts, **NO FINALS**

Girls' Shot Put	7G, 8G (SW)
Boys' Shot Put	8B , 7B (NW)
Girls' Discus	8G, 7G (S)
Boys' Discus	7B, 8B (N)
Long Jump North	8B, 7B
Long Jump South	8G, 7G
Triple Jump North (after long)	8B, 7B
Triple Jump South (after long)	7G, 8G
High Jump	7G, 8G, 7B, 8B (S)
Pole Vault (Coed and all divisions together)	

Starting High Jump Heights

8th Girls	3' 10'
7th Girls	3' 6"
8th Boys	4' 2"
7th Boys	4' 0"

1:00 RUNNING EVENTS: Running order: 7G, 8G, 7B, 8B

- 1600 Meter Run (depending on # of athletes different divisions may run together)
- 100 Meter Hurdles
- 100 Meter Dash
- 400 Meter Dash
- 4 X 100 Relay
- 200 Hurdles
- 800 Meter Run
- 200 Meter Dash
- 4 x 200 Relay
- 4 X 400 Relay