

**Pinedale High School**  
**Mountain Man Track Meet**  
**April 30, 2015**  
**Schedule of Events**

**8:00**            **Runnercard will close. Coaches please have your athletes updated in Runnercard**

**9:00**            **Weigh In – under the stadium: Final scratches can be made in the press box**

**9:30**            **Coaches meeting under the stadium**

**9:45**            **Field Events (pick up equipment under the stadium)**

**10:00**          **Field Events:                            (Finals Only – Four throws, 2-1-1; four jumps)**

**Girls**

Long Jump – south pit (followed by boys)

Shot Put – (followed by boys)

Pole Vault – (followed by boys)

**Boys**

Triple Jump – north pit (followed by girls)

Discus – (followed by girls)

High Jump – (followed by girls)

*All events are run as timed FINALS. No prelims. No breaks.*

High School girls

High School boys

**Order of Track Events**

**10:00**          3200 m Run

**11:30**          4 X 800 Relay

Senior Recognition

**12:00**          100 m Hurdles

110 m Hurdles

100 m Dash

1600 m Run

4 X 100 m Relay

400 m Run

300 m Hurdles

800 m Run

200 m Dash

4 X 400 m Relay