Uintah Invitational
State Qualifying Meet

Start Times: Saturday April 17th, 2021 @ 9:30 AM
Coaches Meeting @ 9:00 AM
Field Events Start @ 9:30 AM
Running Events Start @ 10:00 AM

Place: Uintah High School Track
1880 West 500 North, Vernal, UT

Awards: Medals will be awarded to top 6 individuals and top 3 relay teams. Team championship trophies will be awarded to the top 2 teams

Cost: $60 per team/$120 for both or $5 per individual

Registration: Registration will be online through www.runnercard.com. **Deadline for entries is Friday, April 16th, 2021 @ 4:00 pm.** Please submit legitimate times and marks for all events. **Sorry, we are unable to make race day registration changes.**

Entries: 4 participants per team per event. Each athlete is allowed 4 events.

Scoring: Top 8 Places (10,8,6,5,4,3,2,1)
Relay Events: Because of the mix of school classifications (1A-6A) we will only score the 4x100 & the 4x400 Meter Relays.

Field Events: We will have minimum marks for all field events. For all throwing events, if athletes don't make the minimum mark on any of their 3 attempts we will measure one mark of their choice or automatically mark the 3rd attempt. Minimum Marks are as follows (Girls/Boys): Discus 65' & 85', Shot Put 20' & 30', Javelin 70' & 90', Long Jump 13' & 17', High Jump 4' & 5' (Starting Height).

With our State-of-the-Art track we look forward to having another excellent meet this year. We will be contesting the 4X200 and 4X800 for ALL 4A-6A schools. The Medley Relay will be contested for ALL 1A-3A schools.

Contact Info: Richard Henderson   (435) 828-0451 or richard.henderson@uintah.net

Field Events

<u>Top 9 advance to finals</u>

Boys HJ	Girls LJ
Boys Discus	Girls Shot
	Girls Javelin

<u>Top 9 advance to finals</u>

Boys LJ	Girls HJ
Boys Shot	Girls Discus
Boys Javelin	

Track Events

<u>Girls first, then boys</u>

1600M Medley Relay

4x800M Relay

100M Hurdles

110M Hurdles

100M

4x200M Relay

1600M

4X100M Relay

400M

300M Hurdles

800M

200M

3200M

4X400M Relay