

CENTRAL UTAH MULTI EVENT CARNIVAL

APRIL 5TH AND 6TH

DELTA HIGH SCHOOL TRACK

This is a decathlon/ heptathlon event no pole vault

This is a state qualifying event

Cost: \$10 an athlete

Awards: top 3 in each event get medals, top 3 overall awarded plaques. (so an athlete could get up to 10 medals)

Schedule: Fri, April 5th start 1:00pm

Decathlon: 100 meter dash, Long jump, Shot put, High jump, 400 meter dash. Next event will start 30 minutes after each event(unless all agree to start early)

Heptathlon : 100 meter hurdles, High jump, Shot put, 200 meter dash

Saturday April 6th 9:00am

Decathlon: 110 hurdles, Discus, Javelin, 1500 m run

Heptathlon: Long jump, Javelin, 800 m run

Come join us for a fun filled couple days