



**Monument Valley High School
Office of the Athletic Director**

PO Box 337

Kayenta, AZ 86033

TEL: 928-697-2172 FAX: 928-697-2170

36.73°N 110.26°W (Elev. 5668 ft)

Athletic Directors and Track & Field Coaches,

Enclosed you will find the meet information for the 2013-2014 Monument Valley High School State Qualification Meet Series.

NOTE: The meets are initially set on Tuesday. However, we are asking all participating teams to plan and prepare for an alternate date of Wednesday (the very next day) if circumstances dictate. Our rationale is that since the only way for Arizona and Colorado schools to qualify for their respective state meets is by meeting qualification marks at established qualification meets, meet management and the coaching staff don't want to waste a qualification meet under poor conditions.

NOTIFICATIONS FOR OUR FINAL DATES WILL BE SENT OUT MONDAY MORNING AFTER THE NATIONAL WEATHER SERVICE PUBLISHES THEIR MOST UPDATED WEATHER FORECAST.

MEET	<i>Sunset Meet</i>	<i>Last Chance Meet</i>
DAY	Tuesday	Tuesday
DATE	March 18, 2014	April 29, 2014
COACHES MEETING	2:00 p.m. MDT	2:00 p.m. MDT
START TIME	2:30 p.m. MDT	2:30 p.m. MDT

NOTE: The ending time depends on the number of teams, how fast athletes report, etc. Our schedule template says 9:00 pm, but we easily can finish long before that.

NOTE: For Arizona schools – MVHS is an altitude-adjusted site for the 800, 1600, 3200 and 3200 relay.

Also—if you are hosting a meet, please send us the meet information at your earliest convenience. With a change in spring break, along with a few other vacant spots in our schedule – we are looking for meets. To be sure, we do travel out of state and normally schedule at least one meet in Colorado, Utah, and in New Mexico each year.

If you have any questions, comments, or concerns – please don't hesitate to contact us.

Jacob Holiday
Athletic Director
928-697-2172 (office)

Matt Espinoza
Head Coach
928-697-2177 (office)

Greg Wayne
Meet Director—AIA Official
928-429-1680 (cell)

_____ **yes** **no** **yes** **no**

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COACHES MEETING	2:00 p.m. MDT	2:00 p.m. MDT
START TIME	2:30 p.m. MDT	2:30 p.m. MDT

If you are planning on attending any of these meets, please FAX back this RSVP form to 928-697-2170.

SCHOOL: _____ COACH(ES): _____

SCHOOL PHONE _____ COACH(ES) CELL: _____

ENTRY FEE

- **RECIPROCITY:** MVHS is more than willing to waive entry fees with schools that have MVHS compete at their meet(s)
- **FLAT FEE:** \$300 per team (\$150 for boys, \$150 for girls)
- **PER ENTRY:** After the meet, teams can be billed for those athletes and relay teams that actually compete (teams not billed for scratches)
- **FEE SCHEDULE:** \$3 per individual entry, \$10 per relay team.
- **WORKER CREDIT:** Teams wishing to help offset their entry fee by supplying meet workers will be credited at \$50 per worker.

ENTRIES

- **NFHS rule 4-2-4:** Teams may have unlimited entries in each individual event; however, only three (3) may score
- **NFHS rule 4-2-2:** Athletes may be **initially entered** in four (4) individual events
- **NFHS rule 4-2-1:** Athletes may compete in four (4) events (any combination of individual and relay events)
- **NMAA 7.21:** (New Mexico schools only) no more than three (3) events may be 400m or longer (including relay legs).
- **RELAYS:** Each school competing will have an “A” team entered in each relay event – “B” teams can be entered at the bullpen.
- **AIA Bylaws 11.2.4.4:** Out of state schools must abide by their rules for eligibility
- **National Federation Charter:** No school may violate their own state and/or local school rules.

ONLINE ENTRIES (NFHS rule 3-2-2)

- All entries must be submitted no later than 8:00 pm Mountain Time, **the MONDAY night before the meet.**
- **ARIZONA SCHOOLS**—use www.athletic.net
- **NEW MEXICO SCHOOLS**—use www.athletic.net
- **COLORADO SCHOOLS**—contact Greg Wayne
- **UTAH SCHOOLS**—use www.runnercard.com

RULES, SANCTION, STATE QUALIFICATION

- **AIA Bylaws 10.1.3.2:** The meet is under the authority of the Arizona Interscholastic Association, Inc. and sanctioned by the CHSAA, UHSAA and NMAA.
- **AIA Bylaws 29:** The meet is a state qualification meet for all AIA, UHSAA, and NMAA schools (We have applied with the CHSAAO)
- **AIA Bylaws 29.1.1:** Rules of the meet shall be listed in the current NFHS rules book, case book, and officials manual.
- Specific details for state qualification procedures will be discussed at the coaches meeting.
- **NOTE:** The sportsmanship rules for the AIA, CHSAA, NMAA, and UHSAA are in effect.

MEET FORMAT AND PARTICULARS

- All running events are timed finals (NFHS rule 5-5-6)
- All throwing events will be prelims and finals (top 10 to the finals—NFHS rule 6-2-1)
- The Long Jump and Triple Jump will be finals only – each athlete gets four attempts (NFHS rule 7-6-8)
- Opening heights will be determined at the coaches meeting for the high jump.
- **ATHLETE CHECK-IN** (field events)—report to the head judge for that field event immediately following report call
- **ATHLETE CHECK-IN** (individual running events)—report to the bullpen prior to report call (must have pull-tag/sticker)
- **ATHLETE CHECK-IN** (relay events)—report to the bullpen with a completely filled-in relay card.
- **AWARDS**—top eight (8) in each event, and the winning teams shall receive awards
- **SCORING**—10-8-6-5-4-3-2-1 (NFHS rule 2-2)
- No camps on the infield—please limit the use of the infield to warm-ups only (the infield is a restricted area)—NFHS rule 3-2-4i
- **SPIKES**—quarter-inch only (NFHS rule 3-2-4a)
- **PARKING**—please lock all vehicles completely
- **NOTE:** The AIA and MVHS are not liable for lost or stolen items (AIA Bylaws 14.14)
- **ADMISSION**—\$5 general admission (AIA passes will be honored)
- **RESTRICTED AREAS**—no coaching, electronics, or unauthorized personnel inside restricted areas (NFHS rule 4-5-8e)
- **MEDICAL**—A first-responder will be on duty, and an ER is less than a mile from campus—have permission-to-treat forms available
- **SPORTSMANSHIP**—The AIA (as well as other state associations) sportsmanship rule is in affect
- **DISQUALIFICATIONS, PROTESTS, AND APPEALS**—will be discussed at the coaches meeting
- **HOSPITALITY ROOM**—The states’ auditor general stated that using entry fees for hospitality rooms are a misuse of public monies, thus no room.
- **CONCESSIONS**—Will be on sale (proceeds benefit the MVHS track-and-field program).
- **IMPLEMENT WEIGH-INS**—At the truck stationed between the shot put and the discus
- **FLAGGED OFF AREAS**—stay-out for safety reasons—NFHS rule 3-2-4g
- **STEEPLECHASE**—we are using USATF age-group rules, and is the same distance as used at the Great Southwest Meet (NFHS rule 8-2-1c)
- **MARKINGS**—tape may be used for relay markings and field events (NFHS rule 3-2-4b)
- **POLICING YOUR AREAS**—please use the trash bag that is in your coaches packet
- **JAVELIN**—UHSAA and NMAA schools may contest the javelin at their home site prior to the meet and meet management will run the results through the official meet results back to those state associations. This is a non-scoring event for the meet. We can’t contest the Javelin at MVHS because:
 1. We don’t have a suitable runway or impact area
 2. We don’t have the equipment to properly inspect the implements
 3. It would violate our district’s risk management policy since it is not covered by our insurance.

MONUMENT VALLEY HIGH SCHOOL – RECORDS

MVHS SCHOOL RECORDS

38-08.5	Deezbaa Whaley--2007	Shot Put	56-10.5	Jeff Miller—2000
139-04	Deezbaa Whaley—2007	Discus	164-05	Oliver Whaley—2004
5-00	Charlotte Salt—1985	High Jump	6-05	Jess Whitla—1993
8-06	Keri Blackrock—2007	Pole Vault	12-00	Mike Sandlin—1973
17-03	Latasha Ball—2007	Long Jump	22-00	Michael Ball—2004
33-04	Merilee Tom—1986	Triple Jump	44-10	Michael Ball—2004
12.56	Talia Jones—2007	100m Dash	11.1	Byron Davis—2008
26.02	Talia Jones—2007	200m Dash	22.7	Tim McGee—1964
57.83	Talia Jones—2007	400m Dash	50.8	Merle Clitso—2000
2:19.4	Talia Jones—2007	800m Run	1:55.9	John Tenekhongva—1989
5:09.6	Danielle Bornfield—1991	1600m Run	4:19.6	John Tenekhongva—1989
11:16.6	Rebecca Wiseman—2001	3200m Run	9:28.1	Harold Stanley—1971
16.3	Kaitlyn Wayne—2013	High Hurdles	15.7	Bob McAdoo—1996
48.8	Shaylin Arthur—1998	300m Hurdles	42.01	Ashton Curley—2007
53.14	Brittney Davis, Latasha Ball, Ingriquet Salt, Talia Jones—2007	4 X 100m Relay	45.62	Doug Yazzie, Gavin Cly Michael Ball, Travis Curley—2003
4:19.2	Danielle Bornfield, Pam White, Griselda Gray, Michelle Stanley—1993	4 X 400m Relay	3:36.5	N. Nephew, A. Tutt G. Tallis, P. Kinlacheeny—1985
10:15.9	State Meet Team--1986	4 X 800m Relay	8:49.3	C. Cowboy, L. Cowboy I. Parrish, D. Yellowhair—2006

ORDER OF EVENTS

- The National Federation order of events will be used as much as possible (NFHS rule 1-2-1a)
- The Non-Arizona State meet events (steeplechase, 4 X 200m Relay, 800m Sprint Medley, 1600m Sprint Medley) have been included in the order of events
- We put the events requiring wind readings at the top of the schedule for logistical readings.
- The steeplechase has been included to give athletes an opportunity to qualify for the Great Southwest meet.
- The 4 X 200m Relay is a Colorado and New Mexico state meet event.
- The 800m Sprint Medley is a Colorado state meet event, and used to be an Arizona 1A Girls state meet event.
- The 1600m Sprint Medley is a New Mexico and Utah state meet event.
- The 1600m Sprint Medley has been placed where the UHSAA and NMAA have it on their state meet schedule.
- The sprints and hurdles were placed at the top of the schedule when temperatures are warmer (less risk of injury).

RESTAURANTS

928-697-8448	Amigo Cafe	928-697-3793	Anasazi Inn
928-697-3396	Blue Coffee Pot	928-697-3221	Holiday Inn
928-697-8427	Pizza Edge	928-697-8140	Sonic
928-697-3170	Hampton Inn	928-697-3534	Burger King
928-697-8169	McDonalds	928-697-3684	Golden Sands
928-697-8176	Bashas'	928-697-	Subway

POLE VAULT & JAVELIN

- **POLE VAULT:** Two years ago (over the winter), a family of mice made our pole vault pit their home. Essentially, they ruined the cover. Subsequently, the pit was illegal. At this point, the pit has not been replaced.
- **JAVELIN:** The javelin can't be contested on our campus. First, we don't have a runway. Second, we don't have a suitable impact area. Third, even if we did have a venue, contesting the javelin would violate our risk-management-policy since it isn't covered by our insurance.
- **For the UHSAA and NMAA schools only:** The pole vault and javelin may be contested at your home site prior to your departure for Kayenta. For those athletes competing in either of these two events, it would count as one (1) of the four (4) events as far as the participation allotment under current NFHS rules. These events will not receive awards and will not be part of the team scoring.
- **When arriving to Kayenta:** A copy of the score sheet will need to be provided to meet management at the timing tent near the finish line. The results will be piggy-backed through the official meet results.

TIME SCHEDULE

NOTE: We are on Mountain Time and when the nation goes on Daylight Saving Time—so do we. Thus, we are on the same time as Albuquerque, Farmington, Salt Lake City, Denver, etc.

NOTE: All teams should arrive at least fifteen (15) minutes prior to the coaches meeting. The coaches meeting will be short-and-sweet. Any changes, such as changes in opening heights, will be discussed and decided at the meeting. Thus, it is imperative that each team have at least one coach attend.

NOTE: Officially, we are on a rolling time schedule and may get ahead if possible. If numbers permit, we will run the boys and girls together (but scored separately per NFHS rules). Hence, the meet will start as scheduled (10:30 for Saturday meets, 2:30 for weekday meets) and roll through the prescribed order of events.

ANTICIPATED TIME	NUM.	GENDER	EVENT	RECORD	YEAR	ATHLETE/TEAM
2:00 PM	COACHES MEETING (Bull Pen)					
2:30 PM	#1	Men	2000 Meter Steeplechase	6:40.83	2005	Rick Worker, Tuba City
2:40 PM	#2	Women	2000 Meter Steeplechase	7:21.38	2011	Rolonda Jumbo, Chinle
2:50 PM	#3	Men	110 Meter Hurdles	15.41	2004	Aaron Tachine Chinle
3:05 PM	#4	Women	100 Meter Hurdles	15.57	2012	Shantel Foutz, Kirtland Central
3:20 PM	#5	Men	100 Meter Dash	11.18	2005	Justin Kremer, Grand Canyon
3:45 PM	#6	Women	100 Meter Dash	12.60	2007	Talia Jones, Monument Valley
4:10 PM	#7	Men	4x800 Meter Relay	8:47.13	2012	Chinle
4:25 PM	#8	Women	4x800 Meter Relay	10:27.71	2012	Window Rock
4:45 PM	#9	Men	200 Meter Dash	22.92	2005	Justin Kremer Grand Canyon
5:05 PM	#10	Women	200 Meter Dash	26.16	2012	Kendra Mitchell Aztec
5:20 PM	#11	Men	300 Meter Hurdles	39.64	2004	Aaron Tachine Chinle
5:30 PM	#12	Women	300 Meter Hurdles	48.46	2012	Mariah Clayson Kanab
5:50 PM	#13	Men	800m Sprint Medley Relay	1:46.38	2004	Tuba City
5:55 PM	#14	Women	800m Sprint Medley Relay	2:04.98	2012	Tuba City
6:00 PM	#15	Men	1600 Meter Run	4:30.87	2011	Billy Orman Tuba City
6:15 PM	#16	Women	1600 Meter Run	5:15.85	2012	Rolonda Jumbo Chinle
6:30 PM	#17	Men	4x100 Meter Relay	44.82	2012	Aztec
6:35 PM	#18	Women	4x100 Meter Relay	52.54	2010	Kirtland Central
6:45 PM	#19	Men	400 Meter Dash	51.25	2012	Matthew Murray, Tuba City
7:00 PM	#20	Women	400 Meter Dash	1:01.37	2012	Kendra Mitchell, Aztec
7:40 PM	#21	Men	1600 Sprint Medley	3:52.49	2012	Kanab
7:50 PM	#22	Women	1600 Sprint Medley	4:34.67	2012	Tuba City
8:00 PM	#23	Men	800 Meter Run	2:02.43	2013	Aamon Secody, Page
8:10 PM	#24	Women	800 Meter Run	2:28.53	2013	Nikesha Eagleman, Ganado
8:20 PM	#25	Men	4x200 Meter Relay	1:34.54	2012	Aztec
8:25 PM	#26	Women	4x200 Meter Relay	1:55.56	2005	Monument Valley
8:30 PM	#27	Men	3200 Meter Run	9:55.15	2013	Binahnii Curley, Window Rock
8:45 PM	#28	Women	3200 Meter Run	11:36.79	2009	Rolonda Jumbo Chinle
9:00 PM	#29	Men	4x400 Meter Relay	3:40.22	2005	Monument Valley
9:10 PM	#30	Women	4x400 Meter Relay	4:29.50	2012	Kirtland Central
Home Site	#31	Men	Pole Vault	11-00	2010	Easton Sherwood Kirtland Central
Home Site	#32	Women	Pole Vault	8-06	2010	Taylor Duncan Kirtland Central
2:30 PM	#33	Men	Triple Jump	44-10	2005	Michael Ball Monument Valley
2:30 PM	#34	Women	Triple Jump	34-04	2012	Sarah Root Aztec
2:30 PM	#35	Men	Discus Throw	149-10	2012	Kevin Ballard Moab Grand County
2:30 PM	#36	Women	Shot Put	40-00.50	2010	Melanie Heslop Kirtland Central
4:00 PM	#37	Men	Long Jump	20-11.75	2005	Ryan Eck Grand Canyon
4:00 PM	#38	Women	High Jump	5-01.25	2012	Mariah Clayson Kanab
4:30 PM	#39	Men	Shot Put	50-00	2000	Jeff Miller Monument Valley
4:30 PM	#40	Women	Discus Throw	130-09	2007	Deezbaa Whaley Monument Valley
5:30 PM	#41	Women	Long Jump	16-02.25	2013	Kaitlyn Wayne, Monument Valley
5:30 PM	#42	Men	High Jump	6-02	2004	Michael Ball MV
					2013	Paden James, Page
Home Site	#43	Men	Javelin	None	None	
Home Site	#44	Women	Javelin	None	None	