

2024 Grizzly Invitational

State Qualifying Track and Field Invitational

April 13, 2024

- Where: Logan High School
162 W 100 S Logan, UT 84321
- Time: Saturday, April 13th – 8:30 am Field Events/8:45 am Running Events
- Awards: Awards will be given to the top six (6) finishers in individual events and the top 3 teams in relays. Team trophies will be given to the top three teams combining girls and boys points.
- Cost: \$85 per team or \$170 for combined Girls and Boys teams. \$5 per individual event.
- Registration:
Completed on Runnercard.com. Deadline for entries will be Friday, April 12th at 10 am. There are minimum distances for the throwing and horizontal jumps. Marks below the minimum mark will not be measured/recorded.
- Entries: 4 entries per team. Four events per athlete and one relay per team
- Scoring: Top 8 place 10, 8, 6, 5, 4, 3, 2, 1
- Lunch: Free lunch for up to 6 coaches. There will be a concessions stand at the meet.
- Contact info: Eren Fisher eren.fisher@loganschools.org

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Schedule of Events

Currently trying to have USATF officials to officiate every field event, but may reach out to attending teams for help officiating events (for a reduced entry fee) if unable to get enough officials.

Running Events

Starting at 8:45 am

Girls First then boys

4x800m Relay

100m Hurdles

110m Hurdles

100m Dash

4x200m Relay

3200m Run

4x100m Relay

400m Dash

800m Steeplechase (no water pit)*

300m Hurdles

800m Run

Sprint Medley Relay (2-2-4-8)

200m Dash

1600m Run

4x400m Relay

4x100m Coaches Relay*

4x100m Throwers Relay*

*Exhibition events/ non scoring

Field Events

Starting at 8:30 am

Gender not listed participates 2nd.

Minimum marks are listed.

Girls Javelin – 80' (Boys – 100')

Girls Shot – 24' (Boys – 32')

Boys Disc – 100' (Girls – 75')

Boys High Jump – 5' 4" (Girls – 4' 2")

Girls Long Jump – 12' (Boys – 17')

Girls Pole Vault – 6' (Boys – 9')

Boys Triple