

# Invitational Track Meet



## Information

Friday, April 23, 2021  
Wolves Stadium

- Times:** \*Coaches Meeting (scratch & replace) at **10:00am** in the bleachers in front of the Press Box  
\*Implement Weigh-ins will be at **9:30am** in the stadium garage – located at ground level, backside of the Bleachers under the Press Box Area  
\*Pole Vault Weigh-ins at **9:30am** in the stadium garage  
\*Field Events will start at **10:30am**, Running Events at **NOON**
- Entries due:** On Runner Card by NOON on Thursday, April 22, 2021
- Entry Format:** High School Varsity Meet  
Unlimited Entries per Event  
1 Relay per Team for Scoring  
4 Event limit per Athlete
- Equipment:** 1/8" spikes only
- Team Camps:** Locate Team Camps south of the Pole Vault, north of the Concession Stand in grass areas (make sure all canopies are secure in the wind)
- Qualifications:** This is a WHSAA Sanctioned Meet for qualifying marks. Pick up a qualifying sheet from the Press Box if needed
- Field Events:** THROWS: 3 throws (2-1) top 9 to finals for 3 additional throws (1-1-1). Minimum mark on third throw, minimum mark will be determined by entries and finalized at the head coaches meeting.  
HORIZONTAL JUMPS: 3 jumps, top 9 to finals for 3 additional jumps  
VERTICAL JUMPS: Starting heights will be determined based upon entries
- Format:** Running events will all be Timed Finals. Please try to be accurate on times and distances on Runner Card for proper seeding
- Timing:** Finish Lynx System
- Scoring/Awards:** We will score the meet according to the Number of Teams participating. There will be no awards given at this track and field meet. **There is no Entry Fee.**

# Green River Invitational Track Meet

**Friday, April 23th**

**2021**



**Wolves Stadium**



## **Field Events**

**10:30am:**

Triple Jump – Boys followed by Girls  
Long Jump – Girls followed by Boys  
Pole Vault – Girls followed by Boys  
Discus – Boys followed by Girls  
Shot Put – Girls followed by Boys  
High Jump – Girls followed by Boys

**11:00am:**

**Senior Recognition**

## **Track Events**

Girls followed by Boys. All Running Events will be Timed Finals

**NOON:**

Sprint Medley Relay  
4 X 800 Relay  
100 Intermediate Hurdles  
110 High Hurdles  
100 Meter Dash  
1600 Meter Run  
4 X 100 Meter Relay  
400 Meter Dash  
300 Meter Hurdles  
800 Meter Run  
200 Meter Dash  
3200 Meter Run  
4 X 400 Meter Relay

